


Week 1

Summer Menu



Mon	Tue	Wed	Thu	Fri
	MASALA MOMENTS	SOUTH AMERICAN CARNIVAL		FISH & CHIP SHOP
 <p>From £2.50 MAINS <i>Fresh Flavours</i></p>	<p>Kung Pao Chilli Pork Stir Fry with Peppers (G,So,Mu,Ce) (G,E) Noodles Garlic and Chili Roasted Greens</p> <p>Keralan Chicken Curry</p> <p>West Indian Spiced Tofu and Aubergine Curry (G,So,Mk)</p> <p>Potato, Pea and Cauliflower Roti (G)</p> <p>Spicy Indian Rice</p>	<p>Pulled Chicken Tinga Tortilla with Sour Cream (G,Su,Mu,Mk,E)</p> <p>Feijoada Brazilian Black Bean Stew (Su)</p> <p>Pepper, Lime and Spring Onion Rice</p>	<p>Classic Italian Slow Cooked Beef Lasagne (G,Mk,E) Served with Chef's Seasonal Salad and Garlic Bread (G,Mk,So)</p> <p>Mediterranean Roasted Vegetable Lasagne (G,Mk,E) Served with Chef's Seasonal Salad and Garlic Bread (G,Mk,So)</p>	<p>Battered Fish Fillet (G,F) Cheese and Onion Pattie (G,So,Mk) Sausage Dogs (G,Su,Se,Mu,E)</p> <p>Chips</p> <p>Garden Peas Baked Beans</p>
<p>Kung Pao Quorn Chilli Stir Fry with Pepper (G,So,Mu,E,Ce) (E,G) Noodles Garlic and Chilli Roasted Greens</p>				

From £2.50

GLOBAL EATS

MONDAY

Jumbo Hot Dog with BBQ Sauce and Sweet Potato Crisps (G,Su,Se,Mu)

TUESDAY

Love Joes - Bombay Burrito with Indian Chicken (G,Mu,Mk,E)

WEDNESDAY

Chicken Pad Thai with Sweet Chilli Sauce (E)

THURSDAY

Love Joes - Wrap with Buffalo Chicken (G)

FRIDAY

Flamin Fish Burger (G,So,Se,F,E)

From £2.50

PASTA BAR

SERVED EVERYDAY

Freshly Cooked Pasta:

Slow Cooked Beef Bolognese (G)

Tomato and Basil (G)
or
Mac 'n' Cheese (G,Mk)

Served with:

Home baked Garlic Bread (G,So,Mk)
Pesto (Mk)
Cheese (Mk)

deliciously good food.

At the heart of everything we do is our love of good, fresh and healthy food, prepared by a team who cares!

every week!

Look out for our

★ Theme Bars ★

JACKET POTATOES
WITH ALL THE BEST TOPPINGS!



SALAD BAR

Fresh every day packed with tasty choices!

MEAL DEAL

Check out what's on offer today!
Available for Free School Meals

ALLERGENS

with allergy guides!


Ce = Celery Mo = Molluscs
Cr = Crustacean Mu = Mustard
E = Eggs N = Nuts
F = Fish P = Peanuts
G = Cereals Se = Sesame Seeds
containing Gluten So = Soya
L = Lupin Su = Sulphur Dioxide
Mk = Milk

Speak to one of our chefs if you have any allergies.

Week 2

Summer Menu



Mon	Tue	Wed	Thu	Fri
 <p>From £2.50</p> <p>MAINS</p> <p><i>Fresh Flavours</i></p>	<p>BURGER BAR</p>	<p>CARIBBEAN</p>		<p>FISH & CHIP SHOP</p>
	<p>Portuguese Peri Peri Chicken with Coleslaw and potato Wedges (Su,E)</p> <p>Quarter Pounder Beef Burger (G,Se) Spicy Chicken Burger (G,Se,Mu) Falafel Burger (G,Se) All Served in Bun</p> <p>Add Fried Onions, Ketchup</p> <p>Chips</p>	<p>Jamaican Chicken and Pineapple Tray bake</p> <p>Jerk Pulled Pork with Tortilla (G) and Banana Salsa Caribbean Coleslaw (So,Mk,E)</p> <p>Coconut Rice and Peas (Su)</p> <p>Reggae Reggae Baked Sweet Potato Wedges (Mu)</p>	<p>Cheesy topped Cottage Pie (G,Su,So,Mk,Ce) with Roasted Carrots and Cabbage</p> <p>Cheesy Topped Veggie Cottage Pie (G,Su,So,Mk,Ce) with Roasted Carrots and Cabbage</p>	<p>Battered Fish Fillet (G,F) Cheese and Onion Pattie (G,So,Mk) Sausage Dogs (G,Su,Se,Mu,E)</p> <p>Chips</p> <p>Garden Peas Baked Beans</p>
<p>Peri Peri Cauliflower Steaks with Coleslaw and Potato Wedges (Su,E)</p>				

From £2.50

GLOBAL EATS

MONDAY

Korean Meatballs with Noodles (G,So,Se,E)

TUESDAY

Love Joes - Lamb Shish Kebab and Salad (G,So,Mk,E)

WEDNESDAY

Onion Bhaji Burger (G,Mk,E)

THURSDAY

Love Joes Hot & Spicy Chicken Wrap (G,Su)

FRIDAY

African Jollof Rice with Chicken

From £2.30

PASTA BAR

SERVED EVERYDAY

Freshly Cooked Pasta:

Slow Cooked Beef Bolognese (G)

Tomato and Basil (G)
or
Mac 'n' Cheese (G,Mk)

Served with:

Home baked Garlic Bread (G,So,Mk)
Pesto (Mk)
Cheese (Mk)

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Week 3

Summer Menu



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 <p>From £2.50</p> <p>MAINS</p> <p><i>Fresh Flavours</i></p>	<p>★ TASTE OF AFRICA ★</p>		<p>★ ASIAN FLAVOURS ★</p>	
	<p>Nigerian BBQ Chicken with Fried Plantain</p>		<p>Katsu Breaded Chicken with Steamed Rice and Katsu Curry Sauce (G,So,E)</p>	
	<p>Jollof Rice</p>		<p>Steamed Green Beans</p>	
	<p>West African Chickpea and Kale Curry (Mk)</p>		<p>Katsu Breaded Sweet Potato with Steamed Rice and Katsu Curry Sauce (G,So,E)</p>	
	<p>Jollof Rice</p>		<p>Steamed Green Beans</p>	
<p>12" Classic Margherita (G,So,Mk)</p> <p>12" BBQ Chicken (G,So,Mk,Ce)</p> <p>12" Roasted Vegetable (G,So,Mk)</p> <p>Garlic Pizza Bread Slices (G,So,Mk)</p> <p>Potato Wedges</p> <p>Chef's Salad</p> <p>Extras</p> <p>Spicy Chicken Wings (G)</p>	<p>★ FISH & CHIP SHOP ★</p>		<p>Minced Beef and Short Crust Pastry Pie (G,Ce) with Mashed Potato and Carrots</p> <p>Battered Fish Fillet (G,F)</p> <p>Cheese and Onion Pattie (G,So,Mk)</p> <p>Sausage Dogs (G,Su,Se,Mu,E)</p> <p>Chips</p> <p>Garden Peas</p> <p>Baked Beans</p>	

From £2.50

GLOBAL EATS

MONDAY

Singapore Noodles with Chicken Teriyaki (G,Su,So,E)

TUESDAY

Love Joes - Mediterranean Chicken Wrap (G,Su,Mk,E)

WEDNESDAY

Minced Beef Keema Curry with Peas and Rice

THURSDAY

Love Joes - 5 Spice Chicken Wrap (G,So,E)

FRIDAY

Fiery Jerk Chicken Burger with Pineapple Salsa (G,Su,Se)

From £2.30

PASTA BAR

SERVED EVERYDAY

Freshly Cooked Pasta:

Slow Cooked Beef Bolognese (G)

Tomato and Basil (G)
or
Mac 'n' Cheese (G,Mk)

Served with:

Home baked Garlic Bread (G,So,Mk)
Pesto (Mk)
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