



Our ref: DJL-SVS-VXD/aln/off/Year7/2023-2024/CPR

4th June 2024

Dear Parents/Carers

Re: Year 7 First Aid – Learning Basic CPR

I am writing to make you aware that, as part of our Personal Development curriculum, all Year 7 students will be taking part in a short First Aid session in school where they will learn basic CPR.

These sessions will take place in a PE lesson during the remainder of this term. Students do not need to bring anything in or prepare anything in particular for these lessons. The aim of the sessions will be to:

- Identify the difference between cardiac arrest and heart attack
- Explain how to respond if someone sees an unconscious person, including how to make an emergency call and get help
- Explain how to use a defibrillator
- Know how to give CPR

We will be using the British Heart Foundations's RevivR resources to deliver these sessions and students will receive a certificate of completion.

If you have any questions please do not hesitate to contact me.

Yours sincerely

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